

## Curriculum Vitae



### Personal Data

**Surname:** Ghaderi  
**Name:** Fariba  
**Born:** September,16, 1976, Shahin Dezh, West Azarbaijan , Iran  
**Degree:** PhD in Physiotherapy. The Faculty Of Rehabilitation ,  
Tabriz University Of Medical Scinces, Tabriz, Iran  
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### Academic

**2005-2010** University Of Social Welfare And Rehabilitation Sciences, Tehran , Iran  
Graduated with PhD. in Physiotherapy

**1999-2001** Iran University of Medical Scinces, Tehran, Iran  
Graduated with MSc. in Physiotherapy

**1994-1998** Isfahan University of Medical Scinces, Isfahan, Iran  
Graduated with BSc. in Physiotherapy

### Teaching Experiences

**2016– Present** Principles of Academic Writing for Physical Therapy MSc Students. Tabriz University of Medical Scinces, Tabriz, Iran

**2012 – Present** Electroneuromyography For Physical Therapy MSc Students. Tabriz University Of Medical Scinces, Tabriz, Iran

**2012- Present** Clinical Physical Therapy Courses For Physical Therapy Msc Students. Tabriz University Of Medical Scinces, Tabriz, Iran

**2012- Present** Research Project And Seminar And Thesis Of Physical Therapy Msc Students. Tabriz University Of Medical Scinces, Tabriz, Iran

**2010-Present** Clinical Physical Therapy Courses For Physiotherapy Students, Tabriz University Of Medical Scinces, Tabriz, Iran

**2001-Present** Manual Muscle testing For Physiotherapy Students, Tabriz University Of Medical Scinces, Tabriz, Iran

- 2001-Present      *Physical Therapy In Surgical Conditions For Physiotherapy Students, Tabriz University Of Medical Scinces, Tabriz, Iran*
- 2002-2005        *The Basic For Rehabilitation For General Health Students, Tabriz University Of Medical Scinces, Tabriz, Iran*
- 2002-2005        *Exercise Therapy (II) For Physiotherapy Students, Tabriz University Of Medical Scinces, Tabriz, Iran*
- 2002-2005        *Clinical Physical Therapy Courses For Physiotherapy Students, Tabriz University Of Medical Scinces, Tabriz, Iran*

### **Awards and Scholarships**

- 2014      *The Best Professor Of Rehabilitation Faculty(15<sup>th</sup> Shahid Motahari' s Educational Festival ) , Tabriz University Of Medical Scinces, Tabriz, Iran*
- 2012      *The Best Professor Of Rehabilitation Faculty , Tabriz University Of Medical Scinces, Tabriz, Iran*
- 2001      *First Grade Student Of MSc Students, Iran University Of Medical Scinces, Iran*
- 1999      *First Grade Student Of Iran's Ministry Of Health MSc Exam, Iran*
- 1998      *First Grade Student Of BSc Students, Isfahan University Of Medical Scinces , Isfahan , Iran*

### **Membership**

- 1998-present      *Iranian Physiotherapy Association (IPA)*
- 2014-present      *International Continence Society(ICS)*

### **Administrative experiences**

- 2018-present      *Head Of The Department Of Physiotherapy, Tabriz University Of Medical Scinces, Tabriz, Iran*
- 2010-2016        *Dean Of The Physiotherapy Clinic Of The Faculthy Of Rehabilitation , Tabriz University Of Medical Scinces, Tabriz, Iran*
- 2013-2014        *Deputy Dean Of Eucation and Research of Rehabilitation Faculty , Tabriz University Of Medical Scinces, Tabriz, Iran*
- 2010-2014        *Head Of The Department Of Physiotherapy, Tabriz University Of Medical Scinces, Tabriz, Iran*

2003-2005 *Head Of The Department Of Physiotherapy, Tabriz University Of Medical Scinces, Tabriz, Iran*

2003-2005 *Dean Of The Physiotherapy Clinic Of The Faculthy Of Rehabilitation , Tabriz University Of Medical Scinces, Tabriz, Iran*

### **Publications**

1. **2018** Qorbanalipour K, **Ghaderi F\***, Asghari Jafarabadi M. Comparison of the Effects of Acupressure and Electroacupuncture in Primary Dysmenorrhea: A Randomized Controlled Trial.2018; *International Journal of Women's Health and Reproduction Sciences*. 6 (4): 471–476
2. **2018** Ghorbanpour A, Azghani MR, Taghipour M, Salahzadeh Z, **Ghaderi F**, Oskoue AE. Effects of McGill stabilization exercises and conventional physiotherapy on pain, functional disability and active back range of motion in patients with chronic non-specific low back pain.2018; *J. Phys. Ther. Sci*. 30: 481–485.
3. **2018** Jangi M, Ferandez-de-las-Penas C, Tara M, Moghbeli F, **Ghaderi F**, Javanshir K. Systematic review on reminder systems in physical therapy. *Caspian J Intern Med* 2018; 9(1):7-15
4. **2017** Bastani P, Hajebrahimi S, Mallah F, **Ghaderi F**, Rasouli L . Development of Pelvic Organ Prolapse Guidelines. *BMJ Open* 2017;7(0):A1 –A78.
5. **2017** Pourkhiz Z, Mohammad-Alizadeh-Charandabi S, Mirghafourvand M, Haj-Ebrahimi S, **Ghaderi F**. Effect of Pelvic Floor Muscle Training on Female Sexual Function During Pregnancy and Postpartum: A Randomized Controlled Trial. *Iranian Red Crescent Medical Journal* 2017; 19(10): e63218.
6. **2017** Farajzadeh F, **Ghaderi F\***, Asghari Jafarabadi M, Azghani MR, Eteraf Oskoui MA, Rezaie M, GhorbanpourA. Effects of Mcgill Stabilization Exercise on Pain and Disability, Range of Motion and Dynamic Balance Indices in Patients with Chronic Nonspecific Low Back Pain. *Babol Univ Med Sci* 2017;19(10):21-27
7. **2017** **Ghaderi F**, Asghari Jafarabadi M\*, Mohseni Bandpei MA. Dysmenorrhea and self-care strategies in Iranian female students: a regression modeling of pain severity and underlying factors. *Int J Adolesc Med Health* 2017; 29(6): 1-8.
8. **2017** Zhooldideh P, **Ghaderi F\***. Pelvic Floor Disorders and Posture: A literature Review. *Crescent Journal of Medical and Biological Sciencess; In PRESS*
9. **2017** Farajzadeh F, **Ghaderi F\***, Bastani P. Treatment of Polycystic Ovarian Syndrome (PCOS) using Electroacupuncture : A Case Report. *International Journal of Women's Health and Reproduction Sciences*; 5(1): 76–79.
10. **2016** Qorbanalipour K, **Ghaderi F\***, Asghari Jafarabadi M, Mohammadalizade S. The Validity and reliability of Persian version of modified Moos Menstrual Distress Questionnaire. *Iranian Journal of Obstetrics, Gynecology and Infertility*;19(29):11-18

11. **2016** Bastani P, Hajebrahimi S, **Ghaderi F**, Vakilazad Z, Ghojazadeh M. The effect of pelvic floor physical therapy on sexual function in women complaining dyspareunia. *Tehran Univ Med J* 2016, 74(7): 500-508
12. **2016** **F Ghaderi**, MA Jafarabadi, K Javanshir. The clinical and EMG assessment of the effects of stabilization exercise on nonspecific chronic neck pain: A randomized controlled trial. *Journal of Back and Musculoskeletal Rehabilitation*, 1-9
13. **2016** **F Ghaderi**, K Mohammadi, RA Sasan, SN Kheslat, AE Oskouei. Effects of Stabilization Exercises Focusing on Pelvic Floor Muscles on Low Back Pain and Urinary Incontinence in Women. *UROLOGY* 93:50–54
14. **2015** Z Chakeri, M Salavati, S Talebian, **F Ghaderi**. Kinesio Taping Applied to Lumbar Muscles in Static Lumbar Flexion. *Physical Treatments-Specific Physical Therapy Journal* 5 (1), 3-10
15. **2014** GA Talebi, **F Ghaderi\***, AE Oskouei . Using Log Book in Clinical Education of Physiotherapy Students Development Strategies in Medical Education 1 (2), 54-61
16. **2014** T Allahyari, S Hedayati, H Khalkhali, **F Ghaderi**. A comparative survey on forces exerted to low back in patient manual handling. *Journal of Ergonomics* 2 (2), 1-8
19. **2014** Maede Ansarian, Maghsoud Eivazi Gharamaleki, **Fariba Ghaderi**. The Investigation of Relationship between Stress Urinary Incontinence in Women and Flat Foot by Method of Observing Foot Posture Index 6 (FPI-6). *Advances in Environmental Biology* 8 (11), 386-392
20. **2014** Maede Ansarian, Maghsoud Eivazi Gharamaleki, **Fariba Ghaderi**. The Relationship between Stress Urinary Incontinence in Women and Flat Footby Using Two Methods. *Advances in Environmental Biology* 8 (11), 377-385
21. **2014** **Ghaderi F**, Oskuie AE. Physiotherapy for Women with Stress Urinary Incontinence: A Review Article. *J. Phys. Ther. Sci.* 26: 1493–1499
22. **2014** **Ghaderi F**, Talebi GA, Eskandarzade A, Eteraf Oskoui MA. The effects of Logbook on Educational Learning of physical Therapy Students. *Journal of EDC of Yazd University of Medical Sciences* 2014 May (13): 246
23. **2014** **Ghaderi F**, Khalili M, Pourfakheri H, Eteraf Oskoui MA. Cultural and educational effects of uniform white coat. *Journal of EDC of Yazd University of Medical Sciences*;2014, May (13): 158
24. **2013** Hasankhani H, **Ghaderi F**, Lakdizaji S, Nahamin M. The effect of the Slow-Stroke back massage on fatigue of dialyzed patients. *International Research Journal of Applied and Basic Sciences*,2013; 4 (10): 3004-3008.
25. **2013** Nahamin M, Hasankhani H, **Ghaderi F**, Lakdizaji S. Fatigue and demographic factors influencing on it in dialyzed patients. *International Research Journal of Applied and Basic Sciences*,2013; 4 (10): 3328-3332.

26. **2013** Goli H, Sadeghi Shabestari M, Asghari Jafarabadi M, **Ghaderi F** , valizadeh S .*The Effect of Mixed Method Massage on the spirometric Indices in Asthmatic Children. Complementary Medicine Journal*,2013;3(2):53-66.
27. **2013** **Ghaderi F\***, Asghari jafarabadi M, Mohseni Bandpei MA. *Prevalence of Musculoskeletal Pain and Associated Factors with Low Back Pain during Pregnancy. IJOGI*,2013;15(41):9-16
28. **2013** Goli H, valizadeh S, Asghari Jafarabadi M, **Ghaderi F** , Sadeghi Shabestari M\*.*The Effect of Combined Massage Therapy for Children with Asthma on Maternal Anxiety: A Randomized Clinical Trial .http://ebcj.mums.ac.ir*.2013;2(4):29-36
29. **2013** **Ghaderi F\***, Arabloo AM , Nodehi Moghadam A .*The Comparative Study Of Shoulder Girdle Muscle Activation Pattern Between Subjects With & Without Chronic Non Specific Neck Pain. Medical Journal Of Urmia University Of Medical Sciences*2013;23(7):736-744
30. **2012** **Ghaderi F\***, Asghari- Jafarabadi M, Moseni Bandpei MA. *Prevalence and associated factors and associated factors of musculoskeletal pain in pregnancy .Journal Of Health.Ardabil Univercity Of Medical Sciences*,2012;14(3):55-62
31. **2012** Oskouei Ali E. , **Ghaderi F** . *Physiotherapy Management in Prenatal and Postnatal Women with Urinary Incontinence . Iranian Journal of Reproductive Medicine (IJRM) ,2012; 10(2) suppl.1 :95-6.*
32. **2012** **Ghaderi F\***, Amiri SN, Aghazade Z. *Comparative Study Between Two Treatment Methods On Post Mastectomy Lymphadema Reduction: Standard Method And Complete Decongestive Therapy. Medical Journal Of Urmia University Of Medical Sciences*.2012;23(1):47-51
33. **2010** **Ghaderi F\***, Arabloo AM , Nodehi Moghadam A, Rahgozar M .*Reliability Of Maximum Voluntary Isometric Contraction In "Empty Can" Position During Surface Electromyographic Analysis Of Shoulder Muscles. Medical Journal Of Modares University*.2010;Spring (13):69-78
34. **2006** Toopchizadeh V.\*,Barzegar M., **Ghaderi F**. *Managing Spasticity In Pediatric Cerebral Palsy Using Botulinum Toxin (Dysport). Medical Journal Of Tabriz University Of Medical Sciences Fall 2006; 28(3):49-52*
35. **2004** **Ghaderi F\***,Bagheri J. *Effect Of Vasotrain In Reducing Lower Limb Edema .Medical Journal Of Tabriz University Of Medical Sciences, 2004;60:50-53*
36. **2003** **Ghaderi F**, Ebrahimi Takamjani E.,Salavati M.,Maroufi N\* .*Effects Of Active Spinal Stabilization Exercises On Lumbar Muscle Performance In Sagital Plane In Healty Subjects. Journal Of Iran University Of Medical Sciences .Summer 2003; 10(34):263-276*